



*One does not live on bread alone, but on every word that comes forth from the mouth of God.*

*MT 4:4*



<p><b>Sunday</b> <b>February</b> <b>22</b> <b>1<sup>st</sup> Sunday</b> <b>of Lent</b></p>	<p>“The kingdom of God is at hand. Repent, and believe in the gospel.”</p> <p><b>Reflect on the Gospel of Mark 1:12-15</b></p> <p>Help me to to follow the Godpel more closely in my life.</p>
<p><b>Monday</b> <b>February</b> <b>23</b></p>	<p>“Amen, I say to you, what you did not do for one of these least ones, you did not do for me.”</p> <p><b>Reflect on the Gospel of Matthew 25:31-46</b></p> <p>God help me to listen to your words and act accordingly.</p>
<p><b>Tuesday</b> <b>February</b> <b>24</b></p>	<p>"This is how you are to pray:..."</p> <p><b>Reflect on the Gospel of Matthew Chapter 6:7-15</b></p> <p>Teach me to pray the Our Father with sincerity of heart and mind.</p>
<p><b>Wednesday</b> <b>February</b> <b>25</b></p>	<p>“...there is something greater than Jonah here.”</p> <p><b>Reflect on the Gospel of Luke 11:29-32</b></p> <p>Lord, help me to gain a greater appreciation of your presence in the world.</p>
<p><b>Thursday</b> <b>February</b> <b>26</b></p>	<p>"...how much more will your heavenly Father give good things to those who ask him."</p> <p><b>Reflect on the Gospel of Luke 11:29-32</b></p> <p>In my prayer today, may I praise and thank God for all the that he has done for me.</p>
<p><b>Friday</b> <b>February</b> <b>27</b></p>	<p>“...leave your gift there at the altar, go first and be reconciled with your brother,..."</p> <p><b>Reflect on the Gospel of Matthew 5:20-16</b></p> <p>Help me to offer forgiveness to others, and ask for the forgiveness of those I offended?</p>
<p><b>Saturday</b> <b>February</b> <b>28</b></p>	<p>"But I say to you, love your enemies,"</p> <p><b>Reflect on the Gospel of Matthew 5:43-48</b></p> <p>Lord, help me to be respectful to all, especially those whom I may not understand.</p>